

TEXAS

Ranking: Texas is 40th this year; it was 42nd in 2011.

Highlights:

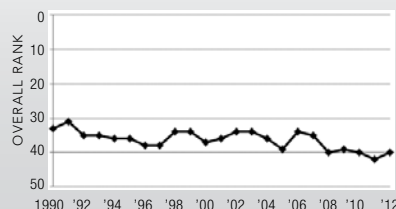
- Almost 5.7 million adults, more than 30 percent, in Texas are obese and more than 5 million adults, more than 27 percent, live a sedentary lifestyle.
- The incidence of infectious disease remains high, rising 4 percent in the last year from 18.4 to 19.1 cases per 100,000 population.
- In the past 5 years, the rate of preventable hospitalizations decreased 18 percent from 87.6 to 72.3 discharges per 1,000 Medicare enrollees.
- Although Texas has the highest rate of uninsured population, the rate decreased from 25.0 percent to 24.2 percent in the last year.
- In the past 10 years, the rate of low birthweight infants increased from 7.4 percent to 8.4 percent of live births.
- The rate of cancer deaths decreased 5 percent in the past year, from 182.8 to 173.8 deaths per 100,000 population, leaving Texas with one of the lowest rates of cancer deaths in the U.S.

Health Disparities:

In Texas, sedentary lifestyle is more prevalent among Hispanics at 33.7 percent than non-Hispanic whites at 23.1 percent; and obesity is more prevalent among non-Hispanic blacks at 38.4 percent than non-Hispanic whites at 26.9 percent.

State Health Department Website: www.dshs.state.tx.us

Overall Rank: 40



Change: ▲ 2

Determinants Rank: 45

Outcomes Rank: 25

Strengths:

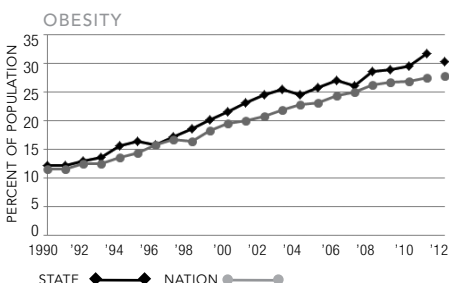
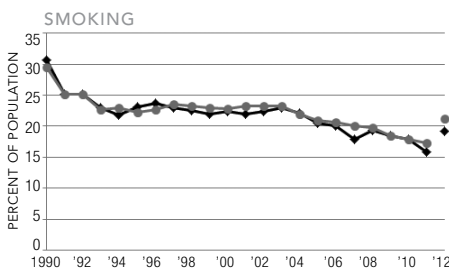
- Low prevalence of smoking
- Low rate of cancer deaths

Challenges:

- High rate of uninsured population
- High prevalences of sedentary lifestyle & obesity
- High incidence of infectious disease
- High percentage of children in poverty

ECONOMIC ENVIRONMENT	TX	U.S.
Annual Unemployment Rate (2011)	7.8%	8.9%
Annual Underemployment Rate (2011)	14.0%	15.9%
Median Household Income (2011)	\$49,047	\$50,054

MEASURE	ADULT POPULATION AFFECTED 2012
Smoking	3,593,000
Obesity	5,689,000
Diabetes	1,909,000
Sedentary Lifestyle	5,090,000



The 2012 data in the above graphs are not directly comparable to prior years. See Methodology for additional information.



		2012		NO. 1 STATE
		VALUE	RANK	
DETERMINANTS	BEHAVIORS			
	Smoking (Percent of adult population)	19.2	14	11.8
	Binge Drinking (Percent of adult population)	18.9	31	10.0
	Obesity (Percent of adult population)	30.4	40	20.7
	Sedentary Lifestyle (Percent of adult population)	27.2	39	16.5
	High School Graduation (Percent of incoming ninth graders)	75.4	28	90.7
COMMUNITY & ENVIRONMENT				
	Violent Crime (Offenses per 100,000 population)	450	36	122
	Occupational Fatalities (Deaths per 100,000 workers)	5.2	33	2.4
	Infectious Disease (Cases per 100,000 population)	19.1	48	2.8
	Children in Poverty (Percent of persons under age 18)	25.5	47	8.6
	Air Pollution (Micrograms of fine particles per cubic meter)	10.3	35	5.1
POLICY				
	Lack of Health Insurance (Percent without health insurance)	24.2	50	4.5
	Public Health Funding (Dollars per person)	\$57	38	\$236
	Immunization Coverage (Percent of children ages 19 to 35 months)	90.1	27	94.2
CLINICAL CARE				
	Low Birthweight (Percent of live births)	8.4	33	5.7
	Primary Care Physicians (Number per 100,000 population)	95.0	43	194.5
	Preventable Hospitalizations (Number per 1,000 Medicare enrollees)	72.3	37	25.0
ALL DETERMINANTS		-0.36	45	0.95
OUTCOMES				
	Diabetes (Percent of adult population)	10.2	33	6.7
	Poor Mental Health Days (Days in previous 30 days)	3.6	15	2.8
	Poor Physical Health Days (Days in previous 30 days)	3.8	19	2.9
	Geographic Disparity (Relative standard deviation)	15.2	39	5.6
	Infant Mortality (Deaths per 1,000 live births)	6.1	21	4.4
	Cardiovascular Deaths (Deaths per 100,000 population)	267.8	30	195.9
	Cancer Deaths (Deaths per 100,000 population)	173.8	13	128.6
	Premature Death (Years lost per 100,000 population)	7,646	28	5,621
ALL OUTCOMES		0.04	25	0.31
OVERALL		-0.33	40	1.20

For a more detailed look at this data, visit www.americahealthrankings.org/TX